



Associate of Science: Health and Human Performance Pathway Map

This academic map is a suggested two-year schedule of courses based on degree requirements in the SGSC catalog. *Missing milestones could delay your program.*

Name _____
ID# _____

FRESHMAN FALL			FRESHMAN SPRING			FRESHMAN SUMMER			
Course	Hours	Course	Hours	Courses to finish out the year		Hours			
<input type="checkbox"/> ENGLISH COMPOSITION I (C) <small>ENGL 1101 requires a grade of "C" or better and must be finished within the first 30 hours</small>	3	<input type="checkbox"/> ENGLISH COMPOSITION II (C) <small>ENGL 1102 requires a grade of "C" or better and must be finished within the first 30 hours</small>	3						
<input type="checkbox"/> Introduction to Mathematical Modeling (M) <small>MATH 1101 requires a grade of "C" or better and must be finished within the first 30 hours</small>	3	<input type="checkbox"/> American Government (P) <small>POLS 1101 Course to meet Legislative Requirements</small>	3						
<input type="checkbox"/> Principles of Biology I (T) <small>BIOL 2107K</small>	4	<input type="checkbox"/> Principles of Biology II (T) <small>BIOL 2108K need a C or higher to do well in the program</small>	4			<input type="checkbox"/> Explore Volunteer Service Opportunities. <input type="checkbox"/> Join a club or organization. <input type="checkbox"/> Explore opportunities to shadow careers in your field of study.			
<input type="checkbox"/> Introduction to Athletic Training (FoS) <small>HLHP 2020 need a C or higher to do well in the program</small>	3	<input type="checkbox"/> Public Speaking (I) <small>COMM 1110</small>	3				Milestones: GPA should be 2.0 or higher.		
<input type="checkbox"/> South Georgia State College Orientation and Success <small>SGSC 1000 Required for all First Time, Full Time Students</small>	1	<input type="checkbox"/> First Aid/CPR (FoS) <small>PHED 1004</small>	2						
<input type="checkbox"/> Foundations of Health and Physical Education (FoS) <small>HLHP 2010 need a C or higher to do well in the program</small>	3	<input type="checkbox"/> Topics in Diversity (I) <small>DVRS 1101</small>	1						
TOTAL	17	TOTAL	16	TOTAL					
RUNNING TOTAL			17	RUNNING TOTAL			33	RUNNING TOTAL	

SOPHOMORE FALL			SOPHOMORE SPRING			SOPHOMORE SUMMER			
<input type="checkbox"/> Anatomy and Physiology I (FoS) <small>BIOL 2210 need a C or higher to do well in the program</small>	4	<input type="checkbox"/> Anatomy and Physiology II (FoS) <small>BIOL 2211 need a C or higher to do well in the program</small>	4			Graduation in May! <input type="checkbox"/> Research career options and education required <input type="checkbox"/> Apply to 4-year program. Milestones: Apply for graduation after registering for Sophomore Spring.			
<input type="checkbox"/> Athletic Injuries (FoS) <small>HLHP 2030</small>	2	<input type="checkbox"/> Foundations of Physical Science (T) <small>PHSC 1011</small>	3						
<input type="checkbox"/> Introductory Sociology (S) <small>SOCI 1101</small>	3	<input type="checkbox"/> American Literature I (A) <small>ENGL 2131</small>	3						
<input type="checkbox"/> Fitness for Life <small>PHED 1000</small>	2	<input type="checkbox"/> Introduction to General Psychology (S) <small>PSYC 1101</small>	3						
<input type="checkbox"/> American Civilization II (P) <small>HIST 2112 Course to meet Legislative Requirements</small>	3	<input type="checkbox"/> Contemporary Health Issues <small>HLTH 1103</small>	2						
<input type="checkbox"/> Theatre Appreciation (A) <small>THEA 1100</small>	3								
TOTAL	17	TOTAL	15	TOTAL					
RUNNING TOTAL			50	RUNNING TOTAL			65	RUNNING TOTAL	

Students who complete this program are prepared to pursue a bachelor's degree in dental hygiene, medical records administration, medical technology, occupational therapy, physical therapy, or sonography. Students enrolled in this program are cautioned to correlate their SGSC work with that required by the senior college or university to which they will transfer. Possible career opportunities after additional education include: dental hygienist, health information management, cytotechnologist, occupational therapist, physical therapist, diagnostic medical sonographers, medical records and health information technician, and medical and clinical laboratory technologist and technician.

This map is not a substitute for academic advisement—contact your advisor if you have any questions about scheduling or about your degree requirements. Also, see the current undergraduate catalog for a complete list of requirements, electives, and pre-requisites. This is a typical schedule. Depending on course availability, other courses in the IMPACTS area may be substituted. Discuss any substitutions with your advisor. (FoS Field of Study)

The USG core curriculum, Core IMPACTS, is designed to ensure that students acquire essential knowledge in foundational academic areas and develop career-ready competencies. There are seven Core IMPACTS areas. As presented in the table below, IMPACTS is a mnemonic to emphasize the impact of the overall core curriculum.

Core IMPACTS
Institutional Priority
Mathematics & Quantitative Skills
Political Science and U.S. History
Arts, Humanities & Ethics
Communicating in Writing
Technology, Mathematics & Sciences
Social Sciences

Core IMPACTS area (Shorthand)	Courses (Credit Hours)			
Institutional Priority "Contributing to a Global Community" (Institution) Credit Hours required 4	ANTH 1102 (3) ANTH 1104 (3) COMM 1100 (3) COMM 1110 (3)	COMM 2000 (3) COMM 2010 (3) DVRS 1101 (1)	HIST 1111 (3) HIST 1112 (3) HIST 2220 (3)	POLS 2401 (3) SOCI 2501 (3) Or any 3-hour SABR course
Mathematics and Quantitative Skills (Mathematics) Credit Hours required 3	MATH 1001 (3) MATH 1101 (3)	MATH 1111 (3) MATH 1113 (4)	MATH 1401 (3)	MATH 2253 (4)
Political Science and U.S. History (Citizenship) Credit Hours required 6	HIST 2111 (3)	HIST 2112 (3)	POLS 1101 (3)*	
Arts, Humanities & Ethics (Humanities) Credit Hours required 6	ARTS 2205 (3) COMM 1100 (3) COMM 1110 (3) COMM 2000 (3) COMM 2010 (3)	ENGL 2111 (3) ENGL 2112 (3) ENGL 2121 (3) ENGL 2122 (3)	ENGL 2131 (3) ENGL 2132 (3) HUMN 2111 (3) HUMN 2112 (3)	MUSI 1100 (3) PHIL 2010 (3) THEA 1100 (3) Any 3-hr. Foreign Language course
Communicating in Writing (Writing) Credit Hours required 6	ENGL 1101 (3)*	ENGL 1102 (3)*		
Technology, Mathematics & Sciences (STEM) Credit Hours required 11	ASTR 1010/1010L (4) ASTR 1020/1020L (4) BIOL 1010K (4) BIOL 1020K (4) BIOL 2000/2000L (4) BIOL 2107K (4) BIOL 2108K (4)	CHEM 1151K (4) CHEM 1152K (4) CHEM 1211K (4) CHEM 1212K (4) CSCI 1301 (4) CSCI 1302 (4)	MATH 1113 (4) MATH 1401 (3) MATH 2253 (4) MATH 2254 (4) MATH 2255 (4) PHSC 1011/1011L (4)	PHYS 1111K (4) PHYS 1112K (4) PHYS 2211K (4) PHYS 2212K (4) SCIE 1111/1111L (4) SCIE 1121/1121L (4)
Social Sciences (Social Sciences) Credit Hours required 6	ECON 2105 (3) ECON 2106 (3) HIST 1111 (3) HIST 1112 (3) HIST 1121 (3) HIST 1122 (3)	HIST 2100 (3) HIST 2111 (3) HIST 2112 (3) HIST 2200 (3) HIST 2201 (3) HIST 2220 (3)	POLS 2100 (3) POLS 2200 (3) POLS 2401 (3) PSYC 1101 (3) PSYC 2103 (3)	PSYC 2201 (3) SOCI 1101 (3) SOCI 1160 (3) SOCI 2293 (3) SOCI 2501 (3)

*required for all pathways