

Transfer Pathway Map for Health and Human Performance

Students who complete this program are prepared to transfer to a senior institution and pursue a bachelor's degree in athletic training, sports medicine, exercise science, and other disciplines related to health and human performance.

TOTAL: 60 hours
(Not including SGSC 1000, support courses or PE)

First Year

| Fall Semester | Hrs |
|---|-----------|
| ENGL 1101 - Composition I | 3 |
| MATH 1101 - Introduction to Mathematical Modeling | 3 |
| HLTH 1103 - Contemporary Health Issues | 2 |
| HLHP 2020 - Introduction to Athletic Training | 3 |
| SGSC 1000 - South Georgia State College Orientation and Success | 1 |
| BIOL 2107 - Principles of Biology I | 4 |
| TOTAL | 16 |

| Spring Semester | Hrs |
|---|-----------|
| ENGL 1102 - Composition II | 3 |
| PHED 1004 - First Aid/CPR | 2 |
| BIOL 2210 - Anatomy and Physiology I | 4 |
| HLHP 2010 - Foundation of Health and Phys Edu | 3 |
| PHED Course | 1 |
| Area B/C/E Course | 3 |
| TOTAL | 16 |

Milestones:

Math and English courses require a grade of "C" or better and must be finished within the first 30 hours.

First-year overall GPA should be 2.0 or higher.

Milestone Classes HLTH 2020 and HLHP 2010 (need a C or higher to do well in the program).

Focus courses are taken within the first 30 hours to give a feel of the chosen pathway

Required for all First Time, Full Time Students

Second Year

| Fall Semester | Hrs |
|---------------------------------------|-----------|
| BIOL 2211K - Anatomy and Physiology I | 4 |
| BIOL 2108K - Principles of Biology I | 4 |
| PHED Course | 4 |
| POLS 1101- American Government | 3 |
| Area F Course | 1 |
| Area B/C/E Course | |
| TOTAL | 16 |

| Spring Semester | Hrs |
|-------------------------------|-----------|
| Area D Option | 4 |
| HIST 2111/2112 | 3 |
| Area B/C/E Course | 3 |
| Area C ENGL or HUMN | 3 |
| Area B/C/E Course | 3 |
| DVRS 1101-Topics in Diversity | |
| TOTAL | 16 |

Milestones:

GPA should be 2.5 or higher, if less, consult an academic advisor for other major options.

If GPA is less than 2.75, a student is no longer competitive for transfer to a four-year program.

Possible career opportunities after additional education include: athletic trainer, exercise physiologist, occupational therapy assistant and aide, occupational therapist, physical therapist assistant and aide, physical therapist, recreational therapist, and dietitian and nutritionist. Please see mynextmove.org for more information on possible career options with salary information.

Name _____

ID NUMBER _____

Date _____

ASSOCIATE OF SCIENCE: Health and Human Performance Pathway Checklist

Area A – Essential Skills
 ENGL 1101 _____ required
 ENGL 1102 _____ required
 MATH 1001 or 1111 _____ required
 Area A total hours

Area B – Institutional Options
 DVRS 1101 _____ required
 Select one of the following:
 ANTH 1102 _____ HIST 1111 _____
 ANTH 1104 _____ HIST 1112 _____
 COMM 1100 _____ POLS 2401 _____
 COMM 1110 _____ SOCI 2501 _____
 COMM 2000 _____ SABR 2001 _____
 COMM 2010 _____
 Area B total hours

Area C – Humanities/ Fine Arts
 Select one of the following:
 ENGL 2111 _____ ENGL 2121 _____
 ENGL 2112 _____ ENGL 2122 _____
 HUMN 2111 _____ ENGL 2131 _____
 HUMN 2112 _____ ENGL 2132 _____
 Select one of the following:
 ARTS 2205 _____
 ENGL 2111 _____
 ENGL 2112 _____
 ENGL 2121 _____
 ENGL 2122 _____
 ENGL 2131 _____ Any 3 hour foreign
 ENGL 2132 _____ Language _____
 HUMN 2111 _____
 HUMN 2112 _____
 MUSI 1100 _____
 THEA 1100 _____
 PHIL 2010 _____
 Area C total hours

Physical Education Requirements
 HLTH 1103 _____ required
 Physical Ed _____ two hours
 Physical Ed. total hours

Area D – Science, Mathematics, Technology
 Choose one of the three series:
 BIOL 2107K _____ & BIOL 2108K _____
 PHYS 1111K _____ & PHYS 1112K _____
 CHEM 1211K _____ & CHEM 1212K _____
 Select one of the following:
 ASTR 1010/1010L _____ PHYS 2211K _____
 ASTR 1020/1020L _____ PHYS 2212K _____
 BIOL 2000/2000L _____ MATH 2253 _____
 CHEM 1211 K _____ MATH 2254 _____
 CHEM 1212 K _____ MATH 2255 _____
 PHSC 1011/1011L _____ MATH 2280 _____
 PHYS 1111K _____ SCIE 1111/1111L _____
 PHYS 1112K _____ SCIE 1121/1121L _____
 Area D total hours

Area E – Social Studies
 POLS 1101 _____ required
 Select one of the following:
 HIST 2111 _____
 HIST 2112 _____
 Select two of the following:
 ECON 2105 _____ POLS 2200 _____
 ECON 2106 _____ POLS 2401 _____
 HIST 1121 _____ PSYC 1101 _____
 HIST 1122 _____ PSYC 2101 _____
 HIST 2100 _____ PSYC 2201 _____
 HIST 2111 _____ PSYC 2103 _____
 HIST 2112 _____ SOCI 1101 _____
 HIST 2200 _____ SOCI 1160 _____
 HIST 2220 _____ SOCI 2293 _____
 POLS 2100 _____
 Area E total hours

Area F-Courses Related to the Program of Study
 BIOL 2210K and 2211K _____ required
 HLHP 2020 _____ required
 PHED 1004 _____ required
 HLHP 2010 _____ required
 Choose one of the following:
 HLHP 2015; HLHP 2030; HLHP 2040 _____
 Area F total hours

| Completed Areas | |
|--|----------------------|
| Area A (Must have C's or better) | <input type="text"/> |
| Area B | <input type="text"/> |
| Area C | <input type="text"/> |
| Area D | <input type="text"/> |
| Area E | <input type="text"/> |
| Area F (Must have C's or better) | <input type="text"/> |
| Phys Ed | <input type="text"/> |

| |
|------------------------|
| GA History Requirement |
| HIST 2111 or 2112 |

| |
|----------------------|
| GA Gov't Requirement |
| POLS 1101 |

If HIST 2111/2112 or POLS 1101 is taken at a non-USG institution, Georgia history and government exams must be taken to fulfill requirements.

Comments: BIOL 2107K must be taken before BIOL 2210K.